



LIFE@DPSGBN –A CELEBRATION



Everlasting gleam

From heaven descends the crystals,
Falling onto the grounds of memory holds,
Seeping into the roots of the livelihood,
Where all seem to behold.

The air, the water —
The basis of life.
Oh, how beautiful it is,
Taking shape of small pearls on leaves,
Turning into diamonds when the sun showers
down with its gleams.

How magical it is,
Falling down to its own melody,
Where children play and dance,
And the grounds showcase its beauty.

I love the smell of after rain,
The soil soaked into its pearls.
It smells like an everlasting memory,
Like freshly made-up homes,
Like comfort,
Like peace,
Like a leftover rhythm of its gleams.

How can someone not fall in love—
With its sound,
Its beauty,
With the memories made up from it,
And its everlasting gleam.

~Harshita Aswal 12F

Veins of gold bones of snow

Fall is a letter half burned in the fireplace, ink still
warm with longing.
The trees whisper their confessions in
gold,
each leaf a memory that can't quite let go.
The wind reads them aloud, folding the air into sighs.
When autumn sighs her fading tune,
the frost hums low beneath the moon.
Leaves drift down like whispered dreams,
and winter wakes in silver seams.
Winter arrives in borrowed skin.
She hums the color of unspoken things, turning
memory into glass.
Somewhere beneath the hush, something
remembers being warm
but it doesn't call it love anymore.

~ Shambhavi 11B

Canopy Chronicles

Pollution : The Silent Murderer of Delhi

It scares my lungs to think that the place we are living in is no longer appropriate for any human or even animal to reside in. In the National Capital Region, 69% of families reported that at least one member suffered from a sore throat or cough, while 62% complained of burning sensations in their eyes due to the toxic air. Additionally, 46% experienced heavy congestion. These numbers show how deeply and widely pollution has affected our bodies. As Delhi continues to battle severe air pollution, the health of its residents is becoming more fragile every single day. Research shows that living in the Delhi-NCR can reduce a person's life expectancy by almost 12 years or more. This is not just a statistic—it is a warning.

One of the biggest reasons behind this is the long-lasting after-effects of firecrackers, especially during festivals, combined with the lack of affordable and efficient public transport. When people are forced to use private cars, it increases traffic and emissions even more. We are breathing poison every day, and we don't even realise how normal it has become.

In conclusion, harming nature is the same as harming ourselves. Nature always follows Newton's third law of motion: For every action, there is an equal and opposite reaction.

~Aloe 11A



What is nature..?

Nature is not just a word; it holds a very genuine feeling in everyone's heart. Nature is a present from God that we often ignore and fail to take care of. If we look deeply into nature with quiet observation, it reveals many meanings and clears several of our doubts.

Our feelings sometimes depend on nature — the air, the atmosphere — everything has its own perfection. The trees we rarely notice give life to all of us, yet we are the ones destroying them because of our selfishness.

When we search for beauty on Earth, we often forget to see what surrounds us — we are already surrounded by beauty. Truly, God is the greatest painter in the world; no one can portray nature as beautifully as He does.

The animals we often see and ignore are actually some of the most attractive creatures in this world. Without them, humans could not even imagine surviving.

We should always respect and observe nature, because trust me, staring at and observing nature is one of the most beautiful habits — it is a therapy in itself.

Kamakshi Sachdeva, X-C

The Quiet Wisdom of Nature

Scientists tell us that spending time outdoors reduces stress and sharpens our minds. But beyond the data lies something more essential, a reminder that we're part of something larger. The same forces that shape mountains and guide migrating birds flow through us too. Walk through a forest and you'll notice how everything connects. Fungi share nutrients between tree roots. Birds scatter seeds that become tomorrow's canopy. Dead logs nourish new growth. Nature wastes nothing — every fallen leaf becomes fuel for new life. Nothing is wasted, and nothing exists in isolation.

We've built cities and screens, yet our bodies still crave sunlight, fresh air, and the sound of rain. That's nature's greatest lesson. No matter how far we wander into our artificial worlds, we remain deeply linked to the earth that made us. Natural sounds like flowing water and birdsong reduce anxiety and increase alpha brain waves, linked to calm focus. Sunlight triggers serotonin and vitamin D production, regulating mood, bone health, sleep cycles — reminding us we evolved outdoors, not under LED lights.

There's something profound about stepping outside and letting the natural world wash over you. Whether it's the rustle of leaves in an ancient oak or the gentle ripple of beautiful water, nature speaks in a language older than words.

Jigisha Sharma 9G

Where My Mind Wanders

I love how sunflowers face each other
when the sun is not visible.
I love flowers that sway along the path.
I love how vibrant the world becomes
after rainfall,
as it brings a sense of calm.

I look out my window at sunlight
seeping through the leaves,
and the patterns that form on the
ground.
It's where my mind slips into make-
believes,
staring at petals that add colour to the
green background.

I hope all my days start with sparrows
singing
and end with crickets chirping.
I hope the fireflies outshine the
fluorescent lights.
I hope we can protect it all and make
things right,
so our children can witness such a
sight.

~Saiyed Arifeen Raghib 11C

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